**From the Nurses Office**

In accordance with Massachusetts general law, students are required to undergo screenings at certain grade levels in school. The screening schedule is as follows:

6th grade - scoliosis

7th grade - Vision, hearing, height, weight, scoliosis, SBIRT

8th grade - scoliosis

SBIRT (Screening, Brief Intervention, and Referral for Treatment) in schools is a MDPH tool intended to identify substance use risk behaviors. SBIRT screening requires a structured 1:1 conversation between a trained school nurse and a student. Results of SBIRT screening are confidential and will not be included in your student’s school record.

All screenings are scheduled to begin in late October. Students may also be screened at any time during the year at a parent/guardian request. If screening results indicate the need for follow up care by a physician, parents/guardians will be notified in writing. Please see our website for more information.

<https://www.mansfieldschools.com/department/health_services/state_mandated_health_screenings>

To opt out of screening please email the nurses at:

[elayne.brown@mansfieldschools.com](mailto:elayne.brown@mansfieldschools.com) or

[heidi.waite@mansfieldschools.com](mailto:heidi.waite@mansfieldschools.com)

Please contact the Health Office with any questions.

Thank you

Elayne Brown and Heidi Waite